

GIVE YOURSELF THE COMPETITIVE EDGE

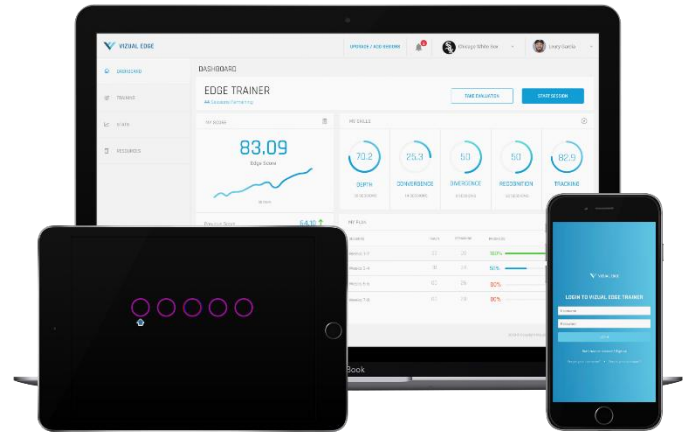


WITH VISION TRAINING FROM **THE EDGE TRAINER**

The Edge Trainer from Vizual Edge is a simple **web-based training tool** designed to improve the speed, coordination & efficiency of your eye movements. Training with the Edge Trainer has shown to help players improve:

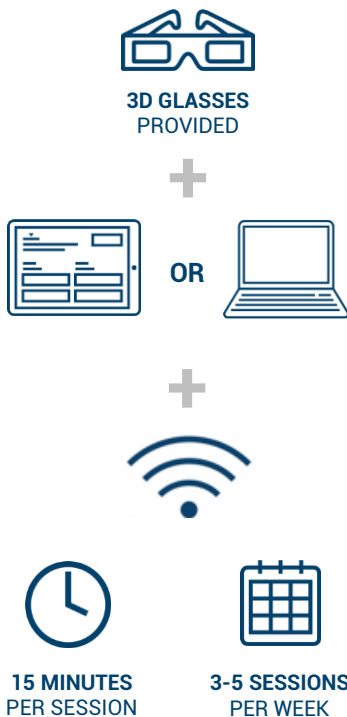
- **Passing & shooting accuracy**
- **Quicker decision making & anticipation**
- **Ball control**
- **Positional & spatial awareness**
- **Reaction speed & more!**

With over 15 years of experience working with Professional, NCAA, & youth athletes, we've accumulated more than 40,000 evaluations - which allows us to provide invaluable positional player comparisons, along with assessment reports & customized training plans. These detailed reports are designed to help you evaluate, analyze & train your core visual skills.

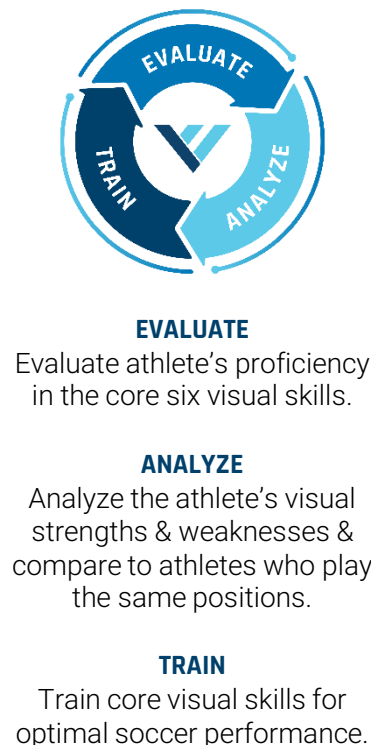


Training exercises cannot be completed on cell phones

THE SETUP



THE SYSTEM



THE PLAN

- UNLIMITED TRAINING**
Evaluate & train during & between seasons
- BENCHMARKING**
Comprehensive soccer benchmarking
- REPORTS**
In-depth review & custom player reporting
- SUPPORT**
Online & phone support throughout the year as needed.
- GLASSES**
One set of premium Vizual Edge 3D glasses per player.

WHEN TRAINING YOUR GAME LOOK BEYOND 20/20 VISION



In order to accurately create a comprehensive picture of what's happening around us, we depend upon six core visual skills. Each visual skill can impact different aspects of a player's game. For optimal soccer performance, players should aim to maximize their proficiency in each of the skills shown below.



CONVERGENCE

Convergence is the ability to focus on objects within close proximity & judge their movement & impact. Convergence may affect a player in the following ways:

- Trapping & ability to follow an incoming pass/opponent
- General ball control (dribbling & passing)



DIVERGENCE

Divergence is the ability to locate objects in the distance, impacting an athlete's ability to anticipate & react. Divergence may affect a player in the following ways:

- Ability to pick head up & scan the field to find open passing lanes or teammates
- Locating an open part of the net to aim at



DEPTH PERCEPTION

Depth perception uses both eyes to locate objects in space to judge their distance, speed, & direction. Depth perception may affect a player in the following ways:

- Ability to judge a tackle & navigate in tight spaces
- Judge speed & trajectory of the ball or opponents



ALIGNMENT

Proper alignment creates no difference between the perceived location & actual location of an object. Alignment may affect a player in the following ways:

- Accurately hitting intended target (shot or pass)
- Crispness & decisiveness of movements



RECOGNITION

Recognition is the ability to observe, process & recall a series of visual targets, & respond properly. Recognition may affect a player in the following ways:

- Ability to recognize offensive & defensive development throughout the field
- Anticipation & overall soccer IQ



TRACKING & PURSUITS

Saccadic & smooth pursuits tracking allows you to process & follow an object while always monitoring all aspects of the game. Tracking score may affect a player in the following ways:

- Tracking of the ball or opponent & monitor developing play
- Overall reaction speed

SEE THE EDGE TRAINER IMPACT

[VIZUALEDGE.COM/SOCCER](https://vizualedge.com/soccer)

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