

GIVE YOURSELF THE COMPETITIVE EDGE

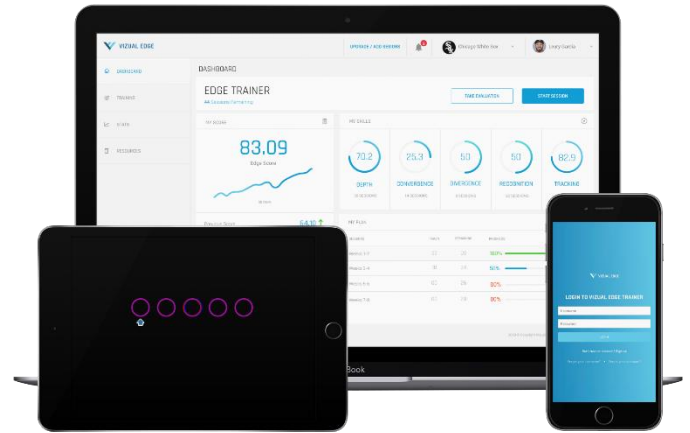


WITH VISION TRAINING FROM THE EDGE TRAINER

The Edge Trainer from Vizual Edge is a simple **web-based training tool** designed to improve the speed, coordination & efficiency of your eye movements. Training with the Edge Trainer has shown to help basketball players improve:

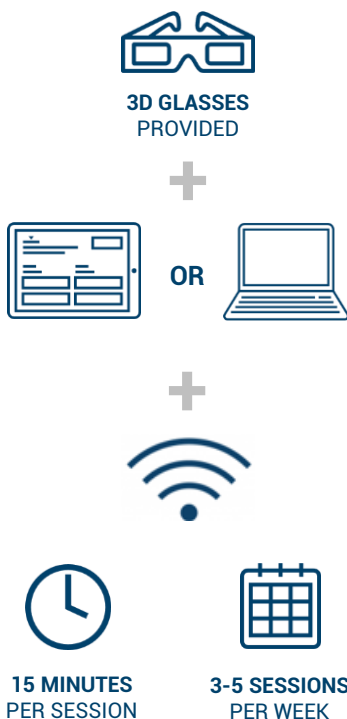
- **Shooting & passing accuracy**
- **Reading of the game & opponent's tendencies**
- **Reaction speed, decision-making & basketball IQ**
- **Anticipating ball movement & more!**

With over 15 years of experience working with Professional, NCAA, & youth athletes, we've accumulated more than 40,000 evaluations - which allows us to provide invaluable positional player comparisons, along with assessment reports & customized training plans. These detailed reports are designed to help you evaluate, analyze & train your core visual skills.



Training exercises cannot be completed on cell phones

THE SETUP



THE SYSTEM



EVALUATE

Evaluate athlete's proficiency in the core six visual skills.

ANALYZE

Analyze the athlete's visual strengths & weaknesses & compare to athletes who play the same positions.

TRAIN

Train core visual skills for optimal basketball performance.

THE PLAN

UNLIMITED TRAINING

Evaluate & train during & between seasons

BENCHMARKING

Comprehensive basketball benchmarking

REPORTS

In-depth review & custom player reporting

SUPPORT

Online & phone support throughout the year as needed.

GLASSES

One set of premium Vizual Edge 3D glasses per player.

WHEN TRAINING YOUR GAME LOOK BEYOND 20/20 VISION



In order to accurately create a comprehensive picture of what's happening around us, we depend upon six core visual skills. Each visual skill can impact different aspects of a player's game. For optimal basketball performance, players should aim to maximize their proficiency in each of the skills shown below.



CONVERGENCE

Convergence is the ability to focus on objects within close proximity & judge their movement & impact. Convergence may affect a player in the following ways:

- Receiving a pass or finding a player in close proximity
- Locate the basket while near the hoop



DIVERGENCE

Divergence is the ability to locate objects in the distance, impacting an athlete's ability to anticipate & react. Divergence score may affect a player in the following ways:

- Passing or shooting from range
- Defensively reading an opponent's speed & trajectory



DEPTH PERCEPTION

Depth perception uses both eyes to locate objects in space to judge their distance, speed, & direction. Depth perception score may affect a player in the following ways:

- Maintain spacing on the court/floor & spatial awareness
- Navigating in congested areas (in the paint)



ALIGNMENT

Proper alignment creates no difference between the perceived location & actual location of an object. Alignment score may affect a player in the following ways:

- Overall timing & accuracy when passing or shooting
- Crispness & decisiveness of movements



RECOGNITION

Recognition is the ability to observe, process & recall a series of visual targets, & respond properly. Recognition score may affect a player in the following ways:

- Recognize opponent's structure/positioning
- Reading of the game, anticipating ball movement & overall Basketball IQ



TRACKING & PURSUITS

Saccadic & smooth pursuits tracking allows you to process & follow an object while always monitoring all aspects of the game. Tracking score may affect a player in the following ways:

- Overall reaction speed & ability monitor developing play
- Following the ball as it moves across the court

SEE THE EDGE TRAINER IMPACT

[VIZUALEDGE.COM/BASKETBALL](https://www.vizualedge.com/basketball)

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